

LEGEND HOCKEY
COMBINE

GIRLS 95/96/97/98 BIRTH YEAR

**TESTING.
COMPETITION.
EXPOSURE.**

DEVELOPING THE FEMALE HOCKEY PLAYER

REGISTRATION & INFO
WWW.LEGENDHOCKEY.COM



MAY 4-6, 2012 :: SCHWAN SUPER RINK, BLAINE, MN

DEVELOP YOUR GAME

Off Ice Shooting,
Stickhandling + Workouts

Credible On + Off
Ice Instruction

On Ice Position
Specific Practices

BENCHMARK ABILITIES

Exposure to D1, D3,
Preparatory Schools
& AAA Programs

Off Ice Fitness
Testing & Results

3 Day Competitive Game Series

COMBINE

DEVELOPING THE FEMALE HOCKEY PLAYER

MUST-HEAR SPEAKERS

Journey to College Hockey

Goal Setting + Leadership

Mental Toughness
On + Off Ice

Nutrition + Off Ice Training

EQUIP FOR SUCCESS

Representation Services

On + Off
Ice Training

Wellness + Nutrition

Mentorship