

You and I are the game.  
We dream BIG.  
And if I can achieve,  
I believe you can too.



# SUMMER + FALL CAMPS 2012 GIRLS. NATIONWIDE.

Find a camp near you  
[www.legendhockey.com](http://www.legendhockey.com)

## Camp Format

On Ice: *Individual skills, creating 2v1, battle drills, small games, scoring situation*

Off Ice: *Plyometrics & Agility*

Classroom: *Leadership development, goal setting & on ice concepts*

Community Service: *Learning the importance of giving back*

## Rink Information

Helena Ice Arena  
400 Lola Street  
Helena, MT 59601

## Helena, MT

October 6-7, 2012

Developing fundamental skills on and off the ice while encouraging creativity. Expect to grow your love for the game, improve your skills and have a blast doing it.

*Instruction by staff from D1, D3, and National level programs.*

## Girls All Ages

\$280

Participants will be split on the ice according to age and ability.

On Ice: *8 hours*  
Classroom: *1 hour*  
Off Ice Training: *2 hours*

*\*Note: We are also holding a Women's Skill Development Camp the same weekend in Helena, MT.*