

You and I are the game.
We dream BIG.
And if I can achieve,
I believe you can too.



SUMMER + FALL CAMPS 2012 GIRLS. NATIONWIDE.

Find a camp near you
www.legendhockey.com

Camp Format

On Ice: *Individual skills, creating 2v1, battle drills, small games, scoring situation*

Off Ice: *Plyometrics & Agility*

Classroom: *Leadership development, goal setting & on ice concepts*

Community Service: *Learning the importance of giving back*

Rink Information

Rochester Recreation Center
21 Elton Hills Drive
Rochester, MN 55901

Rochester, MN

August 3 - 5, 2012

Developing fundamental skills on and off the ice while encouraging creativity. Expect to grow your love for the game, improve your skills and have a blast doing it.

Instruction by staff from D1, D3, and National level programs.

U10

\$95

On Ice: 3 hours
Classroom: 1 hour
Off Ice: .5 hours

U12 + U14

\$315

On Ice: 9 hours
Classroom: 1.5 hours
Dryland: 2.25 hours